

SUMMER VACATION HOMEWORK

GRADE - 4

SESSION 2023-2024





Summer vacation: the perfect time to make memories that will last a lifetime.



Summer is messy. Summer is fun.
Summer is spending all day in the sun.
Summer is campfires, s'mores and late nights.
Summer is windy days spent flying kites.
Summer is tan lines and splashing in lakes.
Summer is mornings with chocolate pancakes.
Summer is time spent with family and friends.
Summer is hoping that it never ends.

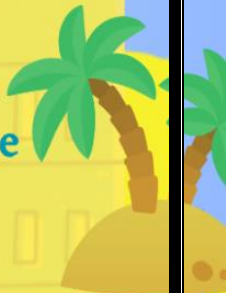
Holidays are an opportunity to journey within!

Summer Vacation are synonyms with fun, frolic, getting up late in the morning, playing for longer hours with friends, going for picnics, exploring new places and watching fun filled show. But there is a lot more you can do to make your vacations more favourite things. Here is a "Summer Vacation Activity Treasure Box" just for you. So, get ready for your treasure hunt along with your parents.



GENERAL INSTRUCTIONS

1. Use available resources (rough notebook/scrapbook/ A-4 Size Paper) for all the Activities.
2. Attempt your homework by yourself under the guidance of your parents.



READING IS FUN

(LET'S ENHANCE OUR

VOCABULARY):-

To enhance our vocabulary, read any two chapters of given subjects from (Term-I Syllabus) according to the below mentioned Roll No. Prepare a word wall of 30 difficult words with their meaning.

Roll No.

1 to 8

9 to 16

17 to 24

25 to 32

33 to 40

Subject

English

Science

Hindi

Social Science

Punjabi



अच्छे विचार अपनाएँ और अपना जीवन सफल बनाएँ!

एक अच्छी सोच या विचार हमारे मन तथा मस्तिष्क पर सीधा प्रभाव डालते हैं। एक सकारात्मक सोच वाला व्यक्ति समाज में एक सूरज की भांति होता है, जिस के संपर्क में आने वाले लोग भी उसी की तरह अच्छे विचारों से प्रकाशमान हो जाते हैं और सफलता प्राप्त करते हैं। तो आइए, सफलता की सीढ़ी पर जीवन में काम आने वाले कुछ 10 विचारों को लिखे और अपनाएँ।



"Zero Hunger" is one of the 17 sustainable goals established by United Nations in 2015. With the aim END HUNGER, achieve food security, improved nutrition and promote sustainable agriculture."

Prepare a “**HEALTHY FOOD BASKET**” in which you will keep all the different kinds of food which includes all the nutrients making it a complete balanced diet. And give it to someone who needs it eg: children living near to your house who are malnourished.

- a) Click the photograph while doing this activity and paste it on A-4 size paper.
- b) Write the food items you have added in the basket with their nutrients and the deficiency diseases caused due to deficiency of these nutrients on A-4 size sheet.



MUSIC MATHEMATICS AND ART
ARE CONSIDERED THE PINNACLE
OF HUMAN CREATIVITY

Prepare creative scenery by drawing or pasting mathematical shapes (for e.g. square, rectangle, circle, triangle, etc.) as many as possible Shapes on A-4 Size paper.



CARING FOR HEALTH WITH **PHYSICAL ACTIVITIES**

1. Imagine your mother has just opened a mini – kid gym. To make the best use of your vacation and to help her with the smooth functioning of the gym, you have volunteered to be the health instructor.

- a) Plan out a day's Schedule Card giving the health benefits of the various activities that you have included for the day [skipping, aerobics..... etc].
- b) Remember to give a catchy Name to your gym and the Schedule Card designed by you.



WORLD ENVIRONMENT **DAY**

On 5th June, 'World Environment Day' visit a nearby garden, and meet the gardener. Take a short interview listing the activities, he involves himself in taking care of the Flora and Fauna. Click Photographs of the Interview taken by you and post the images on the below mentioned link by 2nd June 2023.

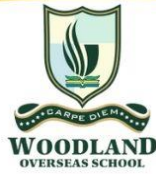
Link :- <https://forms.gle/sChy1NN7cTy4daH1A>



**TWO AND FOUR WANT TO
CELEBRATE; THEY'RE
TURNING EIGHT ($2 \times 4 = 8$)**

Using multiplication tables make a table mat on the chart (size equivalent to a table mat) by writing tables from 8 to 17 and laminate it or cover it with transparent sheet (You can surf internet). Mention your name/class/section on your table mat.





HEALTH CARD

NAME OF THE STUDENT	
CLASS / SECTION	
ADMISSION NUMBER	
FATHER'S NAME	
MOTHER'S NAME	
DATE OF BIRTH	
AADHAR CARD NUMBER	
GENDER	
CONTACT NUMBER	

FITNESS REPORT

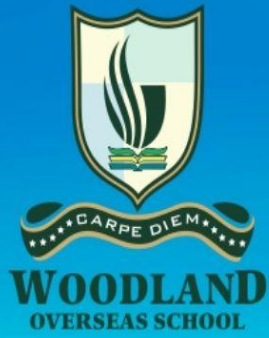
BLOOD GROUP	
HAEMOGLOBIN	
ANAEMIA : (Mild moderate, severe or absent)	
HEIGHT (in cm)	
WEIGHT (in kg)	
EYE VISION : R.E _____, L.E _____	
DENTAL : TOOTH CAVITY	
DENTAL : GUM INFLAMMATION	
DE - WORMING	
ALLERGY (if , any)	
SURGERY (if, any)	

Parent's Signature

Family Doctor's Signature



Note : Woodlander must visit for the Medial Checkup along with Health Card (print out on A-4 Size Paper) and it has to be submitted to the class Incharge after summer vacation



**HAPPY
HOLIDAYS**

